Visit a meeting today!

You won't regret it. With membership exceeding 270,000 in more than 14,000 clubs in 150 countries, you're sure to find a club that suits you. To find a nearby club, visit **toastmasters.org/Find**. Each club has its own personality, so visit a few to find one that best matches yours!

To see what to expect at a Toastmasters meeting, visit **toastmasters.org/ClubExperience**.



"We all know how important communication is in business and in life and how daunting it can be to many; Toastmasters' program develops confidence in people to effectively communicate."

—Mike Fasulo
President and Chief Operating Officer
Sony Electronics Inc.

Your Path to Leadership

Become the speaker and leader you want to be



Local club information:

1st. and 3rd Tuesday @ noon
Meetings in person: CB&I office-14105 S Rt 59, Plainfield IL or online: bridgebuilderstm@gmail.com to request Zoom meeting link.



"Being in Toastmasters pushes you to take on challenges that you wouldn't have taken on by yourself. You start stepping up more for a project and want to take on more responsibility and become a leader."

—Sven Dejean
Senior Manager, European Partners
The Coca-Cola Company





"The training has made me more focused and disciplined at work and improved my interactions with colleagues."

—Adrian Jefferson Chofor
Marketing operations Consultant
Kaiser Permanente

TOASTMASTERS INTERNATIONAL

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Give your potential a voice

What is Toastmasters?

Since 1924, Toastmasters International has helped millions of people become more confident when communicating with others. The Toastmasters network of clubs and its learn-by-doing program were created to help you become a better speaker and leader. Why pay thousands of dollars for a seminar when you can join a Toastmasters club for a fraction of the cost and have fun in the process?

Creating leaders

What makes a leader?

Effective leaders empower others to accomplish personal goals and contribute to the successful completion of group objectives. Leaders act as role models for others to emulate. They provide guidance and feedback throughout the course of assigned projects and often help others improve their skills. Great leaders inspire others to follow them.

What's in it for you?

While some are born confident, charismatic leaders, others must work to develop their leadership skills. Through Toastmasters, you'll gain the practice to become the leader and speaker you want to be. You will also sharpen your management skills, become a better negotiator, gain trust and inspire your team. Learn to be decisive!

What does the club experience offer?



How will you grow?

- Build leadership skills
- Improve public speaking skills
- Practice writing speeches and presenting in a group setting
- Gain a competitive advantage in the workplace
- Networking opportunities in a small and supportive environment
- Build self-confidence and self-awareness
- Allows for unlimited personal growth
- Ability to maximize your potential



The path to unlocking your full potential

What is the Pathways learning experience?

Pathways is Toastmasters' exciting, interactive and flexible education program. It focuses on five core competencies: Public Speaking, Interpersonal Communication, Strategic Leadership, Management and Confidence. With 6 paths to choose from, you have the option to pick which skills you want to focus on.

How does Pathways work?

Sign in to Pathways and take the online assessment, which will suggest a learning path based on your goals. As a Toastmasters member, you will receive one free path when you join. Progress through your path by completing projects, giving presentations at club meetings, and implementing feedback, all done at your own pace. Each path has five levels and you'll start by mastering fundamentals before working your way up to demonstrating your expertise. Best of all, Pathways is available online and is translated into many other languages!

Visit **toastmasters.org/Pathways** to learn more. Let Pathways help you build the skills to be the communicator and leader you want to be!